

Massachusetts Department of Public Health

Operating Recreational Camps and Programs Phase IV

MHOA Presentation
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Presentation Overview

- Overview: What is Required this Summer
- General Training and Staffing Requirements
- Medical/ Healthcare Staffing and Policies
- COVID at Camp
- Residential/Overnight Camp Specific Requirements
- Social Distancing and Masking
- Cleaning, Food Service, and Transportation Policies
- Sports at Camp
- Christian's Law

Overview: What is required this summer?

Camps

- Self-assess and attest that camp meets the <u>Health and</u> <u>Safety Standards for</u> <u>Reopening</u>
- Inspected and licensed by LBOH for compliance with 105 CMR 430
 - May need to comply with 432, 435, 590 etc.
- Must provide attestation if requested to review practices in response to a complaint

Programs

- Self-assess and attest that program meets the <u>Health</u> and <u>Safety Standards for</u> <u>Reopening</u>
- Inspection not required to open
 - May need to comply with 432, 435, 590 etc.
- Must provide attestation if requested to review practices in response to a complaint

Activities During COVID-19

Certain activities must comply with sector specific safety standards

Swimming Pools

- ✓ 105 CMR 435 Minimum Standards for Swimming Pools
- ✓ EEA Safety Standards for Public and Semi-Public Swimming Pools

Sports

✓ <u>EEA Workplace Safety and Reopening Standards for Businesses and Other Entities Providing</u> Youth and Amateur Sporting Activities

Beaches/Waterfront

- √ 105 CMR 445 Minimum Standards for Bathing Beaches
- ✓ EEA Safety Standards for Coastal and Inland Beaches
- √ 105 CMR 432 Minimum requirements for personal flotation devices for minor children at municipal and recreational programs and camps

Playgrounds

✓ EEA Safety Standards for Playgrounds, Spray Decks and Outdoor Fitness Areas

Boating

✓ EEA Boating & Various Other Marine and Inland Waterway Related Activities

Training Requirements

430 Requirements	COVID-19 Requirements
 430.091 Orientation Requirements Necessary trainings for camp activities Specialized trainings to meet requirements of all campers Online Head Injury Safety Awareness training Health Care Policy, discuss implementation Fire Drill Disaster / Emergency Plans Lost Camper / Swimmer 	ns and Training Requirements: Plan to provide adequate social distancing and mask use; Cleaning plan; Isolation and discharge plan for sick, symptomatic, and exposed children or staff; Contingency plans for handling ways the COVID-19 pandemic may affect operations; Communication plan with parents and staff; Staffing plan maintain required ratios and trained back-up staff; Transportation plan following health and safety protocols; and Food service plan to maintain safety and sanitation protocols while serving food

Parent/Guardian Information

430 Requirements	COVID-19 Requirements
 All parents/guardians provided: Care for a mildly ill camper policy (430.159) Administration of medication policy (430.159) Emergency health care provisions (430.159) Meningococcal Disease and Immunization (430.157) 	 Policies for preventing and responding to infection and illness due to COVID-19 Provide information in the primary languages spoken by the parents, if possible Develop a communication system by obtaining parent/guardian: Home/work/cell phone number Email
At the time of application, all parents/guardians informed of their right to review (430.190): Background check policy Health care policy Discipline policies Procedures for filing a grievance	 Prior to first day of camp, parents/guardians informed of pickup/drop off procedures

Staffing

430 Requirements	COVID-19 Requirements
 430.101 Required Ratios: 1:10 campers 7 and older 1:5 campers under 7 Line of sight/close proximity 	 Cohort size: Day: Max 25 Residential: Max 12 Cohort size does not include staff/volunteers No mixing of cohorts except for staff supervising specialized activities and providing breaks
	 Out-of-state campers/staff: Day: Exempt from Travel Advisory Residential: Travel Advisory applies
430.102 Camp Director Requirements: Qualified Director present at all times and appointed designee	COVID-19 Oversight: Designate 1 senior staff member responsible for responding to COVID-19 concerns

Staffing

	Staff					Volunteer		
Background Check Requirements:	MA Resident		Out-Of-State		International		volunteer	
	Year-Round	Seasonal	Year-Round	Seasonal	Year-Round	Seasonal	Year-Round	Seasonal
5 Year Work History	✓	✓	✓	✓	✓	✓	✓	✓
3 Positive References	May use references on file*		May use references on file*		May use references on file*			
MA CORI/Juvenile Report (Level 3)	Once every 3 years	✓	Once every 3 years	✓	Once every 3 years	✓	✓	✓
MA SORI	Once every 3 years	✓	Once every 3 years	✓	Once every 3 years	X Exempt if never been in the US	√	√
Criminal Record Check			Once every 3 years	✓				
(or equivalent) from State of Residence				ground Check g - Acceptable				
Criminal Record Check (or equivalent) from Country of Residence					Once every 3 years	✓		

^{*}Gap in employment for 1+ camping seasons need new references

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Medical Records

	Day Camp (Non-Sport)		Day Camp (Sport)			Residential, Travel, or Trip Camp			
Medical Record Contents:	S	Staff		Staff		Staff			
contents.	Under 18	18+	Camper	Under 18	18+	Camper	Under 18	18+	Camper
Health Record	✓	Rec emergency contact info and authorization for care	✓	✓	Rec emergency contact info and authorization for care	✓	✓	Rec emergency contact info and authorization for care	✓
Immunization/ Exemption Documentation	✓	✓	✓	✓	✓	✓	✓	✓	✓
Injury Reports (if applicable)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Current Health History	signed by parent/ guardian or health care provider	signed by staff member or health care provider	signed by parent/ guardian or health care provider	signed by health care provider	signed by health care provider	signed by health care provider	signed by health care provider	signed by health care provider	signed by health care provider
Physical				✓	✓	✓	✓	✓	√

Healthcare Consultant (HCC)

430.159 - Health Care Staff to be Provided

- All camps must have a Health Care Consultant (HCC)
 - MA Physician, NP, or PA with documented pediatric experience
- HCC must sign off on all the camp's health care policies
- Camps must provide list to HCC of:
 - All Health Care Supervisors (HCS) and
 - List of all medication administered at camp
- HCC must train all unlicensed HCS
- Training & test of competency for unlicensed HCSs per 430.160:
 - See available guidance documents for DPH standards on training and test of competency: https://www.mass.gov/lists/recreational-camps-for-children-community-sanitation

Healthcare Supervisor (HCS)

Present at licensed camps <u>at all times</u> and responsible for the day-to-day operation of camp's health program.

Requirements:

- 18 years of age or older;
- Must be Physician, PA, CNP, RN, LPN

<u>OR</u>

- Person specially trained in First Aid and CPR
 - All unlicensed designated HCS must receive additional trainings from the HCC

May have other non-health related duties (counselor, director, etc.)



Healthcare Requirements

430 Requirements	COVID-19 Requirements
 Healthcare Staff: Healthcare Consultant (HCC) (430.020) Healthcare Supervisor(s) (HCS) (430.020) Infirmary/First Aid Facility: Facility/location identified (430.161) Residential: Isolation Space (430.161) First Aid Kits (Class A & B) (430.161) Medical Log Book (430.155) Means to securely store medications (430.160) 	 Healthcare Staff (for Licensed Camps only): HCC must train staff conducting screenings 2 HCS present at all times Isolation Area(s): Identify multiple isolation spaces/rooms, if possible Bathroom and separate exit should be available for sick individual(s) Cleaned in accordance with CDC guidance
	 PPE with isolated individuals: Designated staff member to supervise Need PPE appropriate to care setting to enter isolation space

Healthcare Policies

430 Requirements	COVID-19 Requirements
 Camp Health Care Policy (430.159) Prescription Medication Administration Policy (430.160) 	 Healthcare Policy: Screening at camp Testing at camp, if applicable
 Storage Identify who is administering What medications are at camp Epinephrine Auto-Injector Policy (430.160) 	 Plan for the isolation and discharge of symptomatic or exposed campers or staff Transportation contingency plans if unable to be immediately picked up by private transportation
 Self carry and administer or specially trained individual Insulin Administration and Diabetic Plan Management Policy (430.160) 	 Criteria for seeking medical assistance Immediately notifying LBOH Notify CSP within 48 hours Injury Reporting Form

Communicable Disease Reporting

430 Requirements	COVID-19 Requirements
Camp Operator Reporting (430.157):	Reporting:
 Immediately report each case of communicable disease to LBOH and DPH Immediately report each case of suspected food poisoning or usual prevalence of illness 	 Immediately report positive cases to LBOH Parents must report to designated staff person any close household contacts or positive cases of COVID-19 Daily screening question
Exclusion Policy (430.153):	Contact Tracing:
 Protecting all susceptible children if communicable disease present at camp 	 Monitor who staff and campers come into contact with throughout each day Follow the direction of the LBOH or
	MDPH if identified as a close contact

Screening and Monitoring

Screening at drop off, parents must:

- Confirm child and any other household members are not experiencing COVID-19 symptoms and their child is not currently required to be in quarantine
- Provide written or electronic attestation regarding household contacts and that they have not provided their child with fever reducing medications

Screening at drop off, staff must:

- Assess each camper/staff for signs of illness
- Record health check responses and maintain on file

Throughout the day, staff *must*:

- Actively monitor campers for signs of illness
- Have a non-contact or temporal thermometer on-site
- Follow policies and procedures for isolation if someone is showing signs of illness
- Keep track of who individuals come into contact with throughout the day

Residential Camps – Testing

Prior to Arrival:

- Should self-quarantine for 10 days prior to camp and conduct daily screenings
- Must obtain a PCR test* within 72 hours of coming to camp

When arriving:

- Provide negative PCR test results*
- If unable to provide results, must <u>quarantine</u> from all other campers/staff

Arrival Testing*:

- Everyone tested upon arrival PCR or BinaxNow test
- Must maintain <u>modified group quarantine</u> until results obtained for everyone in a cohort

*If tested positive for COVID-19 within 90 days exempt from testing requirements

Individual Quarantine	Modified Group Quarantine
 Always maintain 6ft of distance from everyone Mask use required Separate sleeping area and bathroom Cannot participate in camp activities 	 Stay in smallest practical group size within cohort Must socially distance and wear a mask within cohort No interaction with other cohorts

Residential/Overnight: Cohort Exception

- Once arrival testing requirements are met, mask use and distancing within a cohort is not required unless:
 - There is a possibility of interacting with others outside of their cohort
 - Camper/staff showing symptoms of COVID-19
- Staff and campers should remain on-site for duration of session
- If a staff member within a cohort go off-site (for reasons other than field trips or medical care), entire cohort must wear mask and socially distance until that individual can meet arrival testing requirements
- If staff that do not directly supervise children go offsite, they must:
 - Re-screened each day
 - Must always remain socially distanced from everyone at camp (at least 6ft)
 - Always wear a mask

Residential/Overnight – Sleeping Arrangements

430 Requirements	COVID-19 Requirements
 Single bed: min 40 ft² per person Bunk bed: min 35 ft² per person Persons requiring special equipment: 50ft² per person (430.458) Closets and bathrooms not included in square footage calculations 	 Cohorts based off sleeping arrangements Cabin access only for individuals who reside in cabin
 Single bed: min 3 ft between beds Bunk bed: 4.5 ft between beds 6ft between heads of sleepers (430.470) No sleeping in food prep, service, or storage areas (430.471) 	Encouraged to provide 6ft between beds
 Certificate of inspection (430.451) Smoke and CO detectors (430.216) 	 Increase ventilation to cabins whenever possible

Social Distancing

Day Camps/Programs

 6 ft of distance maintained within and between cohorts

Residential Camps/Programs

- 6 ft of distance maintained between cohorts and staff not in the cohort
- 6 ft of distance maintained within the cohort *unless* requirements in "Cohort Exception", are met

Other Distancing Requirements:

- Provide activities that promote social distancing, reduce close contact, and minimize equipment sharing
 - Outside whenever possible
- Stagger use of communal spaces
 - Rearrange rooms/areas to promote distancing
- Ensure belongings are stored in a manner to prevent groups from congregating
- Stagger pick-up and drop off times
- Signage/markings to encourage proper distancing

Social Distancing: Emergency Shelter

430.457 Shelters at Day Camp:

- Shelter sufficiently large enough to house and provide for on-going camp activities
- Certificate of Inspection
- Roof weather/watertight
- Structural and interior maintenance

Distancing in Temporary Emergency Shelter:

- 6ft of distance between individuals in temporary emergency shelter locations
 - Mask use required
- May utilize pavilion/tents to meet requirements

If unable to provide sufficient space:

Cancel/modify camp hours to avoid inclement weather

Face Coverings

Mask use required in accordance with Governor's most recent *Order on Face*<u>Coverings in Public</u>

Required to wear face covering/mask inside and outside unless an exception applies

Exceptions to wearing a mask:

- If under 2 years old
- Medical or disabling condition
- Impede communication (ex: hearing impairment)
- Other sector specific guidance permits removal of mask (ex: eating, swimming)
- Residential camps within a cohort if requirements met in "Cohort Exception"

Face Coverings/Mask Policies:

- Routinely washed or replaced
- Provided by camper/parent but camp must have sufficient supply to provide, if needed
- Mask breaks

Cleaning at Camp

- Intensify cleaning paying extra attention to frequently touched objects and surfaces
- Clean and disinfect:
 - Communal space(s) between uses
 - Shared and personal equipment
- Residential:
 - Clean and disinfect showers/bathrooms at least 2 times a day
 - Cabins and shared items cleaned/disinfected between sessions
 - Laundry services made available

Cleaning and Storage of Materials

430 Requirements	COVID-19 Requirements
 430.214 Storage of Hazardous Materials: Disinfectants or other hazardous chemicals: Plainly marked Stored in locked closet or compartment 	 Cleaning/Disinfecting Chemicals: Accessible to staff in each area of camp EPA registered disinfectants for use against COVID-19; Bleach/water solutions freshly mixed every 24 hours; or At least 70% isopropyl alcohol cleaning
 Separate from food Not accessible to campers 	solution Follow instructions and air dry completely Gloves specific to cleaner and hand hygiene after use
	 Hand Sanitizer (60% alcohol): Securely stored Written parental permission for use Used under supervision

Food Service

430 Requirements	COVID-19 Requirements
430.320 Food Service:	Food Service:
 Compliance with 105 CMR 590 	 Safety Standards for Restaurants
 Provide and maintain areas in a sanitary manner 	 Use sanitizers approved for food contact surfaces Socially distance during meals
	 Maintain cleaning checklist
430.335 Meals Provided From Home:	Meals:
 Stored properly Method to provide lunch if camper arrives without one 	 Recommend meals brought from home or prepackaged If unavoidable, staff must prep and
	serve meals
	 Limit food handling and prep
	 No family style meals or self-service
	 Lunch line style permitted if they can socially distance in line

Transportation

430 Requirements	COVID-19 Requirements
 When transporting campers: Campers under 7 not transported longer than 1 hour non-stop (430.251) 	 When transporting campers: Screening of children prior to boarding Maximize space between riders Masks must be worn, if appropriate Windows open, if able Develop cleaning schedule and maintain cleaning checklist
 Bus Drivers and Monitors: At Least 18 years old with 2+ years experience (430.252) Current license for vehicle (430.252) First Aid trained (if applicable) (430.252) Must have 1 additional staff member as monitor (430.251) 	 Properly screened, cannot work when sick Must wear mask Try to maintain 6ft of distance from driver Adequate cleaning and hand hygiene supplies (see Reopening Transportation Guidance and Special Education Transportation Considerations)

Additional Restrictions During Phase IV

- No visitors permitted
 - Does not include vendors, healthcare staff, LBOH/DPH, or accreditation members
- No new campers permitted mid-session
- Orientation provided to all campers
- Limited transportation to surrounding areas where significant interaction with public is not expected
 - Must follow all applicable guidance while off-site and plan for how to isolate ill camper while off-site
 - Maintain cohorts to extent possible while traveling
 - Strongly discouraged for Residential camps
- Use of community pools, beaches, parks, and playgrounds permitted

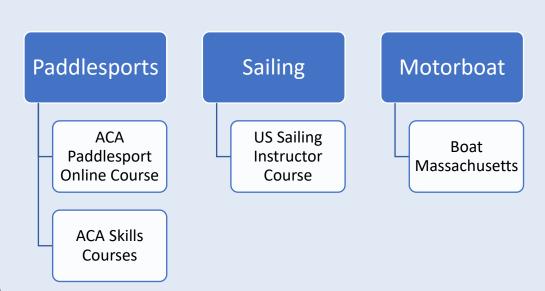
Sports at Camp

- Comply with EEA standards and MIAA Sports Specific Guidance
 - MIAA guidance includes practice and competition requirements
 - Sports risk level determines level of play permitted
- Cohorts or smaller groups with cohort able to function as a "team"
 - Teams must stay consistent
 - Limited to playing against 1 team a day OR
 - 2 teams if games are back-to-back and sufficient space to separate teams during transition
- Shared fields/courts: Permitted if 6 ft of distance maintained between cohorts.
- Face coverings/masks required unless exception applies

Staffing: Watercraft Certification

Watercraft Activities

- ☐ Guidance issued March 2020 on alternatives for ARC Small Craft Safety
- □Supervision:
 - 1:10 counselor to camper ratio
 - Certified lifeguard OR
 - Hold a certification in ARC Basic Water Rescue AND
 - ACA Paddlesports Online Course
 - In-person training during orientation



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Christian's Law







Christian's Law, 2012:

All municipal and recreational programs or licensed camps conducting swimming activities at fresh or saltwater beaches shall:

- 1. Ensure that all minors are swim tested at the first swimming session,
- 2. Make available a Type I, II, or III personal flotation device (PFD) to all minor children determined to be either a non-swimmer or an at-risk swimmer, and
- 3. Allow parents or legal guardians to provide their own PFD to their child if they so choose.

432.020 - Applicability

Who has to Comply?

- Municipal and Recreational Programs or Camps that use:
 - Public,
 - Semi-public, or
 - Private bathing beaches for bathing or swimming activities [432.020(A)]

Swim Testing

Swim Test: A swimming ability determination conducted at a <u>minimum</u> once per summer for every minor at each program or camp by a certified swim instructor or a swim assessor

Certified Swim Instructor (CSI)

Employed or contracted by a municipal and recreational program or camp and holds a current certificate from a nationally recognized swim instructor program:

- American Red Cross Water Safety Instructor (WSI); or
- □ AQ711B YMCA Lifeguard 2011; or
- An instructor with an equivalent certification, determined by the Department

Swim Assessor

16 years of age, employed or contracted by a municipal and recreational program or camp

- Lifeguard Training Certificate
- CPR Training Certificate
- First Aid Certificate

Has, at a minimum, observed one and participated in one annual swim test training conducted by a CSI

Classification

- □ All **MINORS** are swim tested at the first session [432.100(C)]
 - Swim tests shall be conducted at the venue where the swimming will take place whenever possible [432.100(D)]
 - When participating in a swim test, cohorts must be kept together, avoid mixing groups of kids.
 - Maintain 6' of social distancing
 - Lifeguards can oversee multiple groups of kids simultaneously

RESIDENTIAL CAMPS

 As long as the arrival testing has been met, the need for 6' of social distancing within a cohort does not need to exist.

Operator Responsibility and PFDs

- 1. Operators must ensure that properly sized PFDs are made available [432.120(A)]
- 2. All PFDs shall be in serviceable condition [432.120(B)]

 PFDs cleaned in accordance with US Coast Guard Guidance

 https://uscgboating.org/multimedia/news-detail.php?id=533
- 3. Operators shall ensure the PFDs are properly sized and fitted for each minor prior to swimming activity [432.120(C)]
- 4. Operators must have an adequate number and range of sizes of PFDs [432.120(D)]
- Operators may contract with off-site bathing beach operators for supply of PFDs [432.120(E)]

PFDs and Parents/Guardians

- 1. An operator shall **not** refuse a PFD from a parent/guardian [432.130(A)]
- 2. The minor shall wear the PFD at all times except during:
 - a. Swim tests;
 - b. Swimming lessons;
 - c. Diving Lessons; and
 - d. Closely supervised beach waterfront activities [432.130(B); Guidance for Implementing]
- 3. PFD must be clearly labeled with the child's name and the parent/guardian emergency contact info and it has to be a Type I, II, III properly sized and fitted [432.130(C) + (D)]
- 4. If the PFD provided by a parent or guardian is not properly fitting, or is damaged, or otherwise not in serviceable condition: [432.130(E)]
 - a. The child should not be allowed to swim,
 - b. The camp/program must gain permission from parent/guardian before providing a different properly sized and fitted PFD to that child
 - c. Ensure EVERYTHING is documented

Policies and Record Keeping

☐ An orientation plan for all staff and volunteers; ☐ Procedures for identifying non-swimmers and at-risk swimmers; ☐ A daily check-in routine for reviewing and confirming proper swimming level identification; ☐ A plan to ensure an adequate inventory of serviceable PFD's and their proper storage; Procedures for PFD distribution to participants; Appropriate training for staff; and ☐ Compliance with required recordkeeping.

Guidance Tools

- Swim and Fit Test Model Documentation Form
- Guidance Checklist
 - □ Will help to ensure compliance with 432.000
- Guidance for Implementing Regulations
 - Swim Determinations
 - Identifying Non-Swimmers and At-Risk Swimmers
 - Suggested Methods
 - Confinement to Dedicated Swimming Areas